

### **DEVELOPMENTS AND NEW SERVICES**

#### **Custody Liaison and Diversion**

The Trust, in partnership with Solent NHS Trust and Hampshire County Council, has secured a £1m project to develop an ageless mental health liaison and diversion. This service is designed to support people with learning disabilities and/or mental health difficulties in police custody cells and courts across Hampshire. The formal announcement of the second wave scheme which this project is part of took place on Monday 1 December 2014. The project aims to improve the health and justice outcomes for adults and children who come into contact with the youth and criminal justice systems, by identifying and assessing those who pass through the system.

Recruitment to the team is currently active and a number of successful candidates have been offered roles, however the stringent police pre-employment checks have proved challenging in the recruitment process. The project is due to go live on 1 April 2015, and will be launched in a phased way depending on recruitment. The Southampton Team will initially be based in Grove House, Ocean Village, Southampton, for six months, before relocating to a permanent base.

#### **Operation Serenity (Blue Light Project)**

The Trust ran a pilot project with Hampshire Constabulary in January 2014 in Southampton, known as the Serenity Project, which placed a mental health practitioner in a police patrol car and in the 999 call centre on a Friday and Saturday night between 18:00 and 02:00 hours. Data from the pilot project identified a number of positive outcomes for service users and the project appeared to have an impact on the number of people being detained under S136 of the Mental Health Act.

Funding has now been secured, led by the West Hampshire Clinical Commissioning Group, for another year and to also expand the project to include mental health support in the ambulance control room during the evenings. One whole time equivalent is to be recruited for each service on a 12-month secondment arrangement.

At present, the advert for the mental health practitioner at the ambulance call centre is active. A meeting has been arranged to scope the project with the police in March, however it is hoped that this aspect of the project will be easier to deploy owing to the fact that it has been previously operational and many agreements remain in place, with an anticipated “go live” date of April 2015.

#### **Department of Psychological Medicines**

During the winter of 2014, The Trust worked to provide a mental health professional to support with assessment and treatment of service users who present with mental health problems in the Southampton General Hospital Emergency Department at weekends and on bank holidays. The project had been temporarily funded through the winter pressures budget from December 2014 to the end of March 2015.

Operational and Resilience Capacity Planning funding has been granted to extend the project for a further 12 months (April 2015 to March 2016). The exact funding has yet to be determined, but it is hoped that the extended hours will provide a service until midnight during the week, and from 8am-4pm Saturdays, Sundays and bank holidays.

## **Section 75**

For Southampton, there are a number of challenges with regard to the Section 75 agreement (between Southern Health and Southampton City Council). We are working with council colleagues to overcome these issues and ensure an effective working relationship can be maintained for the benefit of patients and clients, and the Area Manager for mental health services in Southampton is to meet with the council's Head of Adult Services in March to discuss working arrangements around the agreement.

## **Physical Health Care: Cluster 11**

The Trust is working in partnership with Janssen Pharmaceuticals, the project sponsor, and Dr Cliff Howells to deliver a six-month pilot project which aims to improve the interface between the Trust and Southampton City CCG across three general practice surgeries. It also aims to improve the outcomes for service users who are transitioning from their Community Treatment Team to primary care and improve the outcomes of physical health for service users who are part of the pilot. This pilot is considering only those service users who are defined as Cluster 11 "ongoing recurrent psychosis (low symptoms)". The project is currently active within the community teams.

## **Physical Health Care: Health and Wellbeing Clinic**

In Southampton there are approximately 800 service users who have ongoing recurrent psychosis that results in a disability. Such service users are less likely to access primary care services to ask for additional support from our services when things go wrong or when their symptoms increase.

The Trust is now delivering a "Health and Wellbeing Clinic" within Southampton, which aims to improve the health, wellbeing and independence of such service users. The service operates from College Keep, and will work alongside the Community Treatment Team and Access and Assessment Team. The team comprises of five whole time equivalent staff, including a team leader.

The team is now receiving transfers from the Community Treatment Team, and has been providing care co-ordinators to service users over the past three months, as well as setting up a health and well group course for service users. The team, along with their consultant, are working toward appropriately discharging service users back to primary care.

## **Service User Experience: Peer Worker**

The Trust is working in partnership with Solent MIND to provide Peer Support Workers in Antelope House. Peer Workers will take on the same responsibilities as Health Care Support Workers, but draw from their own lived experiences of mental health issues to engage with service users, instil a culture of hope, and focus on the concept of recovery through the building of relationships through a mentoring approach.

To date, one Peer Support Worker has begun working within Antelope House, and a further five are expected to be recruited, to provide two workers per ward.

### **Partnerships: Carers Worker**

'Carers in Southampton' is a new service, provided by Southampton MENCAP that aims to bring together central and strong support for carers in the city through a network of existing services and agencies. The service is funded and commissioned by Southampton City CCG and Southampton City Council. Carers in Southampton, working with the Trust, have a Carers Link Worker in Antelope House available three times per week in order to support carers. The project has been active since mid-December 2014, and the three Carers Link Workers are taking referrals from the wards to offer support to carers.

### **Partnerships: Drugs and Alcohol Worker**

The Trust has entered into a partnership with CRI, a third sector organisation which provides an outreach worker to the Southampton Drug and Alcohol Service at Antelope House. The service operates on a Monday to offer advice, support and encourage engagement with drug and alcohol treatment.

### **Accreditation for Inpatient Mental Health Services (AIMS)**

The Accreditation for Inpatient Mental Health Services (AIMS), ratified by the Royal College of Psychiatrists, is a standard-based accreditation programme designed to improve the quality of care in inpatient mental health wards and standards align with national standards, such as NICE or Department of Health Policy Implementation Guides. Through a process of review, the accreditation identifies and acknowledges high standards of care.

AIMS assessments have been undertaken on all three wards within Antelope House (Saxon Ward – Male, Trinity Ward – Female and Hamtun - psychiatric intensive care) between December 2014 and February 2015. Initial feedback following all inspections has been positive, and the scheme noted that Saxon Ward has an exceptional leader in the Ward Manager. Formal ratings are awaited, the Trust has already identified that it would like to arrange for Forest Lodge to be inspected in the coming months.

### **Psychosis Pathway**

The Southampton Clinical Services Director is leading on the development of the Psychosis Care Pathway. This new pathway details the service that people experiencing or involved in psychosis can expect across all phases of their care. The pathway is informed by the current evidence base and by best practice guidelines, and it is aligned to the NICE Guideline for Schizophrenia (2009).

The Pathway is underpinned by ten Principles of Care which define the overall approach, treatments, and standards. A key expectation of this pathway is that it supports the delivery of evidence-based interventions by appropriately trained and supervised staff. The pathway operates for all people experiencing psychosis and involved with the Trust, regardless of service user age or the care team providing the service.

The Trust currently has an operational Early Intervention in Psychosis Team. The Psychosis Care Pathway is an evolution to this, and is currently in development. A number of events have taken place, including for example, an engagement event on the 20th November 2014, which was very well attended by most stakeholders.

### **Borderline Personality Disorder Service**

The Mental Health Divisional Service Board supported the introduction of a Borderline Personality Disorder Service in January 2015 following the Trust's acknowledgement that there were insufficient provision psychological services for people with high risk, suicidal behaviours. The service is currently being developed, and conversations are taking place with commissioners with regard to the formal development of this service.

### **Multi-Agency Safeguarding Hub (MASH)**

The Trust was approached by Southampton City Council to provide to support for MASH in order to make the hub truly multi-disciplinary. At the time of the approach, the SCC interim service manager believed that there were funds available to second a member of staff into the MASH. However, this offer had to be withdrawn and discussions detailing how this secondment could be achieved are currently ongoing.